

Clayton Shiu, MTOM

Licensed Acupuncturist and
Board Certified Chinese Herbalist
Tai Chi Master

Clayton Shiu is a New York state and nationally certified licensed acupuncturist and nationally board certified Chinese herbalist. He holds a Bachelor's of Science degree in Human Physiology from Boston University and a Master's degree in Traditional Oriental Medicine. Clayton has been practicing acupuncture in New York since 1999.

Clayton joined Winnick and Associates in 2006. He is an integral part of the treatment of sports injuries, orthopedic conditions, as well as the traditional Chinese Medicine therapies in the practice.

Clayton was initially introduced to the principles and philosophy of Chinese medicine at the age of twelve when he began studying as an indoor student in Northern Shaolin Kung Fu with Master Tsong Yuan Ho from Taiwan. After his undergraduate work was completed from Boston University, he decided to focus his mind completely on Chinese medicine by entering the graduate program at Pacific College of Oriental Medicine. While in school he was accepted as an indoor student of Tai Chi Master Zhang Yun, and traveled around the world with him for ten years furthering his studies in China, Australia, Greece, and all over the United States.

During the week of 9/11, Clayton volunteered his services to treat the firefighters and victims of the disaster. He and a team of three other acupuncturists treated over 60 firefighters during one non-stop, four-hour period. Recently, Clayton launched the first pilot acupuncture and Tai Chi drug addiction program for the Addiction Research Treatment Center (ARTC) in Brooklyn, New York. Clayton also travels annually to Beijing, China for additional studies in Chinese medicine and Tai Chi.

Currently, Clayton specializes in a new field of Chinese medicine in the Acupuncture Sports and Orthopedic therapies. He has researched and integrated the science of neuroanatomy and orthopedic analysis with the ancient knowledge of acupuncture. His new style of acupuncture has proven that East can meet West and form a new approach to integrative healing.

Clayton's Acupuncture Sports and Orthopedic therapies have been effective in treating numerous sports injuries and have also proven effective in treating athletes in the NBA, MLB, mixed martial arts, and of course, the weekend warriors. Clayton also has much experience treating pre- and post-surgical cases related to the back, hip, shoulder, neck, and knee.

Clayton's integrative approach has worked in synergy with the team at Winnick and Associates where upon they have successfully combined their eastern and western therapies to provide the patient with a unique and enhanced healthcare experience.

Clayton also lectures about Acupuncture Sports medicine in Boulder, Colorado in Whit Reave's Boulder Acupuncture Sports Medicine Certification Program and in the Tri-state area.

In addition to effectively treating orthopedic pain disorders, Clayton also specializes in psycho-emotional stress management, digestive disorders, respiratory and immune disorders, and addiction disorders such as quit smoking. He also performs Acu- Facelifts to rejuvenate, energize, distress, and balance the hormones in many of his patients.